



Dream of creating
a **bright, hopeful
and positive future**
together



THE IMPOSSIBLE CONFERENCE

MARCH 2-3, 2023
3688 Cessna Dr, Richmond

aidecanada.ca

KEYNOTE SPEAKERS

→ MARCH 2



KEVAN GILBERT
CEO Co.School
KEYNOTE SPEAKER

🔑 DAY 1 WORKSHOPS

→ MARCH 3



CYNTHIA CAROL
ED Autism Nova Scotia
KEYNOTE SPEAKER

🔑 DAY 2 WORKSHOPS



1

Improving care for individuals with self-injurious behaviours.

2

Improving access to mental health resources in rural and remote regions.

3

How to represent those who cannot voice their own opinion on complex issues.

4

How do we ensure the health needs of older autistic adults are met.



4 IMPOSSIBLE PROBLEMS



JOANNA NEFS
CEO at AIDE Canada
YOUR HOST

AIDE Canada is funded by the Public Health Agency of Canada and is administered by the Pacific Autism Family Network Foundation



Pacific Autism
Family Network



Public Health
Agency of Canada

Agence de la santé
publique du Canada




DETAILED AGENDA

Dream of creating a bright, hopeful and positive future together

MARCH 2

Main Auditorium

 **8:30 AM - 9:25 AM**
Breakfast and Networking

9:30 AM - 9:40 AM
Welcome Presentation
Joanna Nefs, CEO at AIDE Canada


9:40 AM - 10:15 AM
Keynote Address by Kevan Gilbert
Collaborative Policy Making in the Autism Community

Breakout Rooms

DISCOVERY **10:25 AM - 11:00 AM**
Impossible Problem Workshops

Welcome
Self-Advocate and First Voice Presentations

Paper Planes Cafe


 **11:05 AM - 11:10 AM**
Morning Break



DISCOVERY **11:15 AM - 12:00 PM**
Impossible Problem Workshops

Research Summaries and Discovery Reflection

Main Auditorium

 **12:00 PM - 1:00 PM**
Lunch and Networking


Breakout Rooms

Impossible Problem Workshops Continued
1:00 PM - 2:15 PM

DEFINING THE PROBLEM
Facilitated Definition Exercises

DEVELOPING SOLUTIONS
Creative Thinking

Paper Planes Cafe

 **2:20 PM - 2:30 PM**
Afternoon Break

Breakout Rooms

Impossible Problem Workshops Continued
2:35 PM - 3:25 PM

DEVELOPING SOLUTIONS
Collaboration

Main Auditorium

3:30 PM - 3:45 PM
Day One Closing and Thank You
with Joanna Nefs, CEO at AIDE Canada

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DETAILED AGENDA

Our goal is to create a shared vision within our diverse community

MARCH 3

Main Auditorium



8:30 AM - 9:25 AM
Breakfast and Networking

9:15 AM - 9:20 AM

Welcome Presentation
Joanna Nefs, CEO at AIDE Canada

9:25 AM - 10:10 AM

Keynote Address by Cynthia Carroll
Creating a Shared Voice Experiences from Nova Scotia

Breakout Rooms

10:20 AM - 10:50 AM

Impossible Problem Workshops Continued

DELIVERING SOLUTIONS

Welcome and Catch Up

Delivering Solutions – Focus It!

Paper Planes Cafe



10:55 AM - 11:05 AM
Morning Break



Breakout Rooms

11:10 AM - 11:55 AM

Impossible Problem Workshops Continued

DELIVERING SOLUTIONS

Prepare it!

Main Auditorium



12:00 PM - 1:00 PM
Lunch and Networking

Breakout Rooms

11:10 AM - 11:55 AM

Impossible Problem Workshops Continued

DELIVERING SOLUTIONS

Finishing Touches

Main Auditorium

PREPARING SOLUTIONS

1:25 PM - 2:10 PM

Improving care for individuals with self-injurious behaviours.

Improving access to mental health resources in rural/remote regions.

Paper Planes Cafe



2:15 PM - 2:25 PM
Afternoon Break

Main Auditorium

PREPARING SOLUTIONS

12:30 PM - 3:20 PM

How to represent those who cannot voice their own opinion on complex issues

How to ensure the health needs of older autistic adults are met.

CLOSING

3:25 PM - 3:30 PM

Day One Closing and Thank You with Joanna Nefs, CEO at AIDE Canada

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